

CREATING A SAFE SPACE FOR DISCUSSION



A 'safe space agreement' is a list of informal rules that will help to create an environment where everyone feels comfortable and included. You can share this with participants at the start of your event.

PERSONAL
STORIES
STAY IN THE
GROUP

THERE'S NO
PRESSURE
ON ANYONE
TO SHARE.

IF YOU NEED
A MOMENT
TURN OFF
YOUR VIDEO

TRY NOT TO
LOOK AT
YOUR PHONE
OR CHECK
EMAILS

EVERYONE
IS
WELCOME
TO SHARE

IT IS OK TO
FEEL
EMOTIONAL
OR UPSET

LISTEN TO
EACH OTHER